

Parental controls on your home internet

Most UK broadband providers offer free whole-home parental controls, which apply to any device that connects to your broadband via your home hub.

Sky's parental controls are turned on by default and you have to choose to turn them off. If you're with one of the other broadband providers, you turn the controls on yourself. Contact your provider to find out how to do this, and bear in mind that these controls only work on your Wi-Fi network, not when you're using 3G or 4G to get online. You can find out more about parental controls on mobile devices on p43.



Vodafone

Available to anyone with Vodafone Broadband, Vodafone parental controls are free and accessible from within your online account. They protect all devices connected to your Wi-Fi and prevent access to inappropriate online content, such as violence, gambling, and adult material, as well as to websites that contain viruses or malware.

Having set up parental controls from your account, you can use the Vodafone Broadband app to set up a family network to control your children's access to Wi-Fi at home and set time limits. Go to Google Play or the App Store to download the Vodafone Broadband app for free.

To find out more: vodafone.uk/home



Sky

Sky Broadband Shield works on all devices connected to your Sky home broadband and comes at no extra cost.

You can customise your settings in three steps:

- Choose a rating: PG, 13 or 18
- Use the Watershed feature to set restrictions at certain times of the day
- Add specific websites that you would like to block.

To find out more: vodafone.uk/sky



BT

BT Parental Controls let you manage internet access on all devices connected to your BT Home Hub and BT Wi-Fi hotspots (for example, cafés and other public spaces).

Available for free, they include strict, moderate and light filters, an option to restrict access to specific websites and a homework-time setting that blocks social media, gaming and homework cheat websites.

To find out more: vodafone.uk/bt



Virgin Media

Virgin Media Web Safe works on any device connected to your home Wi-Fi. Provided free in broadband packages, it lets

you block websites that are unsuitable for younger users. In addition, you can install F-Secure SAFE on up to five devices to protect your children from inappropriate content, viruses, identity theft and malicious websites whether they are at home or out and about.

To find out more: vodafone.uk/VirginMedia



TalkTalk

TalkTalk's HomeSafe works as a web filter to all devices connected to your TalkTalk router. The free package includes Kids Safe, which lets you block inappropriate sites you'd rather children didn't see. You can also use it for Homework Time, restricting the hours they can go on certain websites, while Virus Alerts lets you browse safely.

To find out more: vodafone.uk/TalkTalk



Parental controls in your web browser

You can change the settings on the browser you use to access the internet. If you use more than one, don't forget to change the settings on each one.

Chrome

Supervised user accounts on Google Chrome allow you to block certain websites, see

which ones your child has visited, turn on SafeSearch and prevent apps being installed.

To find out more: vodafone.uk/chrome

Internet Explorer

Microsoft's Content Advisor enables you to prevent your child from seeing websites containing nudity, violence

and inappropriate content.

To find out more: vodafone.uk/IE

Firefox

The parental controls in Firefox filter web content that may be inappropriate or offensive for children.

To find out more: vodafone.uk/firefox

Parental controls on your child's smartphone and tablet

Parental controls on smartphones and tablets can block access to websites containing adult content. Mobile phone companies can filter content rated 18+ at the network level – check with your mobile provider whether this filter is on or off.

The UK's main mobile providers (e.g. Vodafone, EE, O2 and Three) automatically block 18+ rated content through the Active Choice network-level filtering system.

But remember, these filters only work when the device is connected via the mobile network, not Wi-Fi.

Your mobile's operating system may also include safety features and you can set restrictions on the App Store and Google Play (see below).

Android (eg LG, Sony, Samsung, Huawei, HTC, Motorola)

The restricted user feature lets you manage which apps, games and other content your child can access and gives you the choice of disabling certain features, such as location and camera.

To find out more: vodafone.uk/cnet

iOS (eg iPhone and iPad)

You can enable restrictions on your child's iPhone or iPad and select on or off for



features such as FaceTime, in-app purchases and Safari.

To find out more: vodafone.uk/applesparentalcontrols

Windows Phone (eg Microsoft Lumia)

The My Family option helps you to manage the apps and games your child is able to download to their phone. You can also set up Kid's Corner on your own Windows Phone so that, if your child borrows it, they can only access age-appropriate content and not get to the rest of your stuff that you want to keep private.

To find out more: vodafone.uk/microsoftmyfamily

To set up Kid's Corner: vodafone.uk/kid

App store restrictions

You can set up parental controls on the App Store (see vodafone.uk/apps) and Google Play (see vodafone.uk/googleplay)

to prevent your child downloading apps that are age inappropriate.

How can Vodafone help?

Vodafone Secure Net protects you and your family against harmful websites and viruses that could damage your mobile data and devices, steal your data or cause you to lose personal content like photos, music and videos.

You can also block inappropriate websites by age on your child's device and restrict mobile use to certain times of the day.

To find out more: <https://securenet.vodafone.co.uk>

Vodafone Content Control prevents access to online content and services rated 18+ on Vodafone's mobile network.

Content Control is in place on all devices Vodafone offers.

The age-restricted content bar only works on Vodafone's mobile network, not on Wi-Fi, and proof of age (18+) is required if you wish to remove it from your device.

To find out more: vodafone.co.uk/control

Third-party parental controls

You may decide to use a dedicated parental control solution to do things like block inappropriate content and set time limits. Some of these require you to pay a subscription; others are free. If you already have a security suite on your computer, check whether it includes parental controls as you may not need a third-party solution.



F-Secure (paid for)

To find out more: vodafone.uk/fsecure

Qustodio

Qustodio (free)

To find out more: vodafone.uk/qustodio



Kaspersky Security Cloud (paid for)

To find out more: vodafone.uk/kaspersky



Norton Family (paid for)

To find out more: vodafone.uk/norton



McAfee (paid for)

To find out more: vodafone.uk/mcafee

Safety and privacy controls on social networks and apps

Many social networks and apps have a minimum age of 13. Young people can have a positive experience by making the most of built-in tools to protect their privacy and safety.



Facebook
Minimum age: 13
What can you set? Decide who sees your posts and Timeline, unfollow, unfriend and block people. To find out more and report concerns: vodafone.uk/Facebook



Instagram
Minimum age: 13
What can you set? Make photos and videos private and block people. To find out more: vodafone.uk/Instagram
 To report concerns: vodafone.uk/InstaReport



Kik
Minimum age: 13 with parental permission; 18 without
What can you set? Manage who can talk to you,

mute users in Video Chat and block people. To find out more and report concerns: vodafone.uk/Kik



Whisper
Minimum age: 13 with parental permission; 18 without
What can you set? Block people and hide your location. To find out more: vodafone.uk/whispergetstarted
 To report concerns: vodafone.uk/whispersupport



WhatsApp
Minimum age: 13
What can you set? Control who sees your information, who you interact with, what you see and what you share. To find out more and report concerns: vodafone.uk/WhatsApp



Snapchat
Minimum age: 13
What can you set? Choose who can send you Snaps, decide who can view your Stories and block people. To find out more: vodafone.uk/snapchat
 To report concerns: vodafone.uk/snapchathelp



Twitter
Minimum age: 13
What can you set? Protect your tweets so that only approved followers see them, choose whether to share your location, unfollow, mute and block people.

To find out more: vodafone.uk/twitter
 To report concerns: vodafone.uk/TwitterReport



ASKfm
Minimum age: 13
What can you set? Allow or block anonymous questions, delete questions and answers from your profile and block people. To find out more and report concerns: vodafone.uk/AskFM



ooVoo
Minimum age: 13
What can you set? Prevent certain people from contacting you, block

incoming calls, prevent people from seeing your photos and set video-call privacy options. To find out more: vodafone.uk/oovoofaqs
 To report concerns: vodafone.uk/oovooreport



Yellow
Minimum age: 13 with parental permission; 18 without
What can you set? Choose who you talk to and hide your city so that people don't know your exact location. To find out more and report concerns: vodafone.uk/yellowsafety

Telling it like it is

As tech-savvy as children are, they're often unaware of what they agree to in the T&Cs of apps and other services. To highlight this, Anne Longfield, the Children's Commissioner of England and Wales, had Instagram's terms and conditions rewritten into child-friendly language by top law firm Schillings as part of its recent Growing up Digital report. To find out more, see www.childrenscommissioner.gov.uk/publication/growing-up-digital

Safe mode on video-sharing, TV and film services

Lots of online services offer video, TV and movie content. Some use password and PIN combinations to restrict viewing, based on age ratings. Some allow separate profiles for younger users so they can only view child-friendly content (these work only if the adult chooses the password and PIN and keeps them secret). Some platforms have dedicated children's versions, which only carry age-appropriate content. Look for the Just for Kids symbol.



YouTube
 YouTube's Restricted mode helps to screen content you wouldn't want your child to see. YouTube also offers YouTube Kids, specifically for children. It contains only age-appropriate videos and includes parental controls and a timer.

To find out more: vodafone.uk/YouTube
 For more about YouTube Kids: vodafone.uk/youtubekids



BBC iPlayer
 The Parental Guidance Lock lets you control what your child can access. The free BBC iPlayer Kids app contains age-appropriate content, such as CBeebies and CBBC, and a Safety Lock, and it has no in-app purchases or adverts. Since spring 2017, you need a password to access BBC iPlayer. To find out more: vodafone.uk/bbc
 For more about BBC iPlayer Kids: vodafone.uk/bbckidssafety



Netflix
 There are four maturity levels in Netflix parental controls

(Little Kids, Older Kids, Teens and Adults/All Maturity) to help you control what your child watches. To find out more: vodafone.uk/netflix



Amazon Video and Amazon Prime
 Amazon's PIN feature lets you set purchase and viewing restrictions on each of your registered devices. To find out more: vodafone.uk/amazon
 Amazon produces special child-friendly editions of its Fire tablet with special features for families.

Apple TV

Turn on Restrictions to manage access to app purchases, movies, multiplayer games and other content on your Apple TV. To find out more: vodafone.uk/appletv

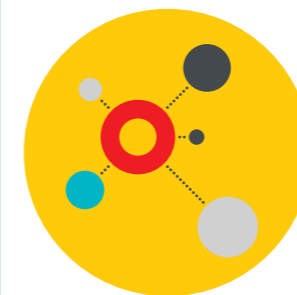


Sky TV
 Using PIN-protected parental controls, you can restrict the content your child can watch on Sky TV. The Sky Kids app lets you set up a child profile with shows tailored to their age, and set time limits. To find out more: vodafone.uk/SkyTV
 To find out more about Sky Kids: vodafone.uk/skykids



TalkTalk TV Store
 This has been integrated with the parental controls in the Xbox 360 and Xbox One. Safety features are also available in the Windows 8.1+ app. To find out more: vodafone.uk/TalkTalkTV

Live-streaming services



Live-streaming platforms let people chat or broadcast videos in real time. This can create privacy and safety issues, so check the settings and controls on each app.



Skype
Minimum age: 13
What can you set? Hide your age, date of birth and gender, only allow people in your contact list to get in touch and block people. To find out more: vodafone.uk/Skype
 To report concerns: vodafone.uk/SkypeReport



Periscope
Minimum age: 13
What can you set? Hide your location, set private broadcast so only people you invite can watch your broadcasts, restrict chat to only people you follow and choose whether to share your broadcast on Twitter. To find out more: vodafone.uk/pscphelp
 To report concerns: vodafone.uk/pscpreport



Facebook Live
Minimum age: 13
What can you set? Decide who sees your live stream and Timeline, unfollow, unfriend and block people. To find out more and report concerns: vodafone.uk/Facebook



YouNow
Minimum age: 13 with parental permission; 18 without
What can you set? Use a nickname, hide your location and block people. To find out more: vodafone.uk/YouNow
 To report concerns: vodafone.uk/YouNowReport



musical.ly
Minimum age: 13 with parental permission; 18 without
What can you set? Make your account private, let only friends direct message you (direct.ly), block users and hide your location. (To live stream content made using musical.ly, you need to use live.ly.) To find out more and report concerns: vodafone.uk/musically



live.ly
Minimum age: 13 with parental permission; 18 without
What can you set? As you need a musical.ly account to use live.ly, the settings are the same as above. To find out more and report concerns: vodafone.uk/musically

Remember...

If your child sees anything inappropriate or sexual on a live streaming service, they should report it to the app or website administrators. If they are the subject of inappropriate sexual contact or approach by another person, they should tell an adult they trust and report it immediately to CEOP at www.ceop.police.uk/ceop-report