

## REVISION TIPS

REMEMBER.  
YOU ARE  
AMAZING

MAKE AND USE  
FLASH CARDS

USE A VARIETY OF  
METHODS TO KEEP  
YOU ENGAGED

IF YOU TEACH WHAT YOU KNOW  
YOURSELF TO OTHERS IT WILL STICK

KEEP  
HYDRATED

MINDMAPS ARE A  
USEFUL TOOL

DRAW DIAGRAMS  
AND USE  
COLOUR CODING

IF YOU HAVE  
A QUESTION  
ASK IT

TOPIC

REWARD  
YOURSELF WITH  
LITTLE TREATS

CREATE YOURSELF  
A TO-DO LIST

MAKE A REVISION  
SCHEDULE

ALLOW YOURSELF SOME  
RELAXATION TIME

HIGHLIGHT NOTES  
YOU NEED TO  
GO OVER

| REVISION SCHEDULE |   |   |   |   |   |   |
|-------------------|---|---|---|---|---|---|
| M                 | T | W | T | F | S | S |
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MAKE SURE YOU  
GET A GOOD  
NIGHT'S SLEEP  
EACH NIGHT

ZZZZ

CREATE SUMMARY  
NOTES, KEEP THEM  
SHORT AND SIMPLE

THINK  
POSITIVE

RECORD YOURSELF READING  
THROUGH YOUR REVISION  
NOTES AND LISTEN TO IT

ASK FRIENDS  
AND FAMILY TO  
TEST YOU



# REVISION TIPS

PARENTS

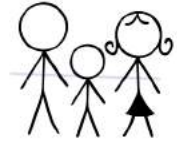
- ★ Be optimistic - a positive mind leads to a positive result
- ★ Use positive encouragement - don't dwell on the errors
- ★ Be a model of calm - kids are already feeling under pressure
- ★ Try not to refer how you or their siblings revised - we all work differently
- ★ Give them space - they sometimes need to take breaks and get away from the books
- ★ If in doubt, contact the school - we are here to support
- ★ Remove distractions - games consoles, TV, phones etc.
- ★ Be interested - ask your child frequently what they have been revising and get them to tell you about what they have learnt

## 10 REVISION METHODS

- 1 Rote Learning - reciting it again and again
- 2 Past papers
- 3 Invent and Learn mnemonics
- 4 Use online resources such as **GCSE Pod**
- 5 Make flow charts, diagrams and drawings
- 6 Make your own podcasts and listen to them
- 7 Go to after school revision classes
- 8 Work with a friend
- 9 Make **mind maps** and put them on your wall
- 10 At the end of the day, bullet point the things you have learned and read it the next morning

# REVISION TIPS

## TEENS



1 It's never too early, or too late - students who revise know more than those who don't

ABC

2 Turn your time over to revision - switch off your phone, TV, music etc., your education is worth your full attention



3 Spread your subjects out over time - you can then cover each one several times



4 Do the harder things first - your brain is fresher and you will absorb more than leaving it until last

5 Take breaks - get some fresh air, go for a walk, do something else



ALLOW YOURSELF SOME RELAXATION TIME



6 ~~STOP~~ don't burn out - if you're starting to feel frustrated, angry or overwhelmed, make a note of what the problem is and take it to your next lesson to ask your teacher

7 Reward yourself - after a revision session do something you enjoy, you deserve it after your hard work!



8 Focus on what you have done - not all the things you haven't



9 Drink water and eat 'brain food' - avoid sugar and have healthy snacks to keep your mental energy up



10 ASK if you don't know what to do - doing nothing is not an option



# GOOD ADVICE!



**WORK STATION** – make sure that the desk or table that you work at has good light and good ventilation; this will help you to stay more alert

**REMOVE DISTRACTIONS** – turn off anything that will prevent you from concentrating. That means your phone, not going on social media, turning off the TV or music

**ORGANISE YOUR WORK** – you will be studying several subjects so you need to be organised. Set up folders or files on your desk; one for each subject. Have your text books stacked neatly so that they are in easy reach. Make sure you have all the equipment you need – pens, pencils, ruler, sharpener, eraser etc. You will probably need a protractor, compass and calculator for maths. You might also find Post-it notes, index cards, paper clips and highlighter pens useful

**CREATE A REVISION DIARY** – planning your revision will help you focus your time. Share your diary with your parents or relatives who have already been through their GCSEs, they may be able to help

**CREATE AN EXAM TIMETABLE** – you will have been given a list of dates and times for your GCSEs. Write them all out on a calendar so you can see them all clearly and plan your revision around those dates

